



The Mystical Arts of Tibet

SANTA FE, NM

NOV 23 - DEC 7, 2014

MANDALA SAND PAINTING LIVE EXHIBITION

NOV 23 - DEC 7

Seret & Sons Gallery (next to Alpine Sports) 121 Sandoval St.

The monks of Drepung Loseling Monastery will construct an Akshobhya sand mandala by pouring millions of grains of colored sand into place over a period of days. The Akshobhya Buddha is the Unshakable Victor for Conflict Resolution and Peace.

Opening Ceremony NOV 23, 2 pm • **FREE**

Mandala Construction & Viewing NOV 23 - 26 & NOV 28 - DEC 5 • 10 am - 4:30 pm
DEC 6 - 7 • 10 am - 1 pm • **FREE**

Daily Meditation & Chanting NOV 23 - 26 & NOV 28 - DEC 5 • 4:30-5:00 pm

The Drepung Loseling monks will lead chant and meditation sessions at the end of each day's construction, giving the public an opportunity to meditate with them. **By donation**

Closing Ceremony DEC 7, 3:00 pm • *Suggested donation \$10*

MEDITATION & CHANTING

by Drepung Loseling Monks

NOV 26 & DEC 3

Upaya Zen Center - 1404 Cerro Gordo Road

NOV 26 & DEC 3, 5:30 pm

The Drepung Loseling monks will lead chant and meditation. Public will have an opportunity to meditate with them. **By donation**



WORKSHOP HUMAN POWER OF COMPASSION: EMERGING INSIGHTS IN CBCT RESEARCH

by Geshe Lobsang Tenzin Negi, Director

DEC 6

Seret & Sons Gallery (next to Alpine Sports) - 121 Sandoval St.

DEC 6, 2:00-4:30 pm

Contemplative investigator Geshe Lobsang Tenzin Negi will discuss the latest research on compassion meditation and its implications for physical and psychological well-being. The presentation will include a discussion of new findings demonstrating a positive correlation between the practice of Cognitively-Based Compassion Training and factors related to social connectivity. He will also explore how and why social connectivity contributes to individual flourishing. A question and answer period will follow the presentation.

Suggested donation \$45

LECTURE: SYMBOLISM OF THE MANDALA

by Gala Rinpoche

DEC 7

Seret & Sons Gallery (next to Alpine Sports) - 121 Sandoval St.

DEC 7, 2 pm

The Mandala is a sacred cosmogram used as an object of contemplation. It depicts the pure nature of the world in which we live as well as how we can live most effectively. By creating a sand Mandala, we bring the creative energy of that sacred dimension into our lives and attune to this natural perfection.

Suggested donation \$10

Mandala Closing Ceremony will follow this lecture

"...a universal expression of the human subconscious... it transports you"

The Washington Post

**For information on these events,
or to schedule a house blessing, please call Marcia Keegan at (505) 660-3352**