



Drepung Loseling Monastery

Tuesday Evening
Public Talks

Prayers

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www.drepung.com

Before the teaching

Mantra of the Heart Sutra:

TADYATHA GATE GATE PARAGATE
PARASAMGATE BODHI SVAHA (x7)

The Four Immeasurables:

May all beings have happiness.
May they be free from suffering.
May they find the joy that has never known suffering.
May they be free from attachment and hatred. (x3)

Mandala Offering:

Sa-shi poe-kyi jug-shing may-tog-tram
Ri-rab ling-shi nyi-dai gyen-pa-di
Sang-gye shing-du mig-te bul-wa-yi
Dro-kun nam-dak shing-la cho-par-shog

IDAM GURU RATNA MANDALAKAM
NIRYATA YAMI

(The ground is perfumed with scented water
and strewn with flowers.
Adorned with Mount Meru, the four continents,
the sun and the moon.
Knowing it as a blessed Buddha field,
I offer it so that all beings may enjoy the pure land.)

After the teaching

Mantra of Avalokiteshvara, the Buddha of Compassion:

OM MANI PADME HUM

Prayer for the Inspiration for Love and Compassion

And thus, O venerable, compassionate Gurus,
we seek your blessings,
That all karmic debts, obstacles and sufferings
Of mother beings may without exception, ripen
upon us right now,
And that we may give our happiness and virtues
to others,
And thereby invest all beings in bliss. (x2)

De-na je-tzun la-ma tug-je-chan
Ma-gyur dro-wai dig-drib dug-ngal-kun
Ma-lu da-ta dag-la min-pa-dang
Dag-gi de-ge shen-la tang-wa-yi
Dro-kun de-dang dan-par jin-gyi-lob. *(repeat last line)*

*Dedicating our positive energy to the cultivation and
Enhancement of the good heart:*

Jang-chub sem-chog rin-po-che
Ma-kye pa-nam kye-gyur-chig
Kye-pa nyam-pa me-par-yang
Gong-ne gong-du pel-war-shog.

(May the precious and sublime bodhichitta
Not yet born be born,
And that which has been born not decline,
But increase forever.)